



GORGE WALKING KIT LIST

CLIENTS ARE REMINDED THAT FAILURE TO BRING THE CORRECT EQUIPMENT TO AN ACTIVITY COULD RESULT IN THE CANCELLATION OF THEIR PARTICIPATION.

CLOTHING

- STURDY WALKING BOOTS/ WALKING SHOES
- WATERPROOF JACKET AND TROUSERS (OPTIONAL)
- WARM CLOTHES TO CHANGE IN TO AFTER THE SESSION
- APPROPRIATE EQUIPMENT FOR OTHER SESSIONS IF REQUIRED (SEE ACTIVITY SPECIFIC KIT LIST)

OTHER EQUIPMENT

- 2LTR WATER BOTTLE (OR 2 1LTR BOTTLES)
- PACKED LUNCH (IF NOT PROVIDED)
- SUNGLASSES (OPTIONAL)
- WALKING POLES (OPTIONAL)
- WATERPROOF CAMERA (OPTIONAL)